

Íþróttagreinir	Annað		Karlur		Konur		Samtals iðkanir		% breyting	Fjöldi íþrótta félaga	Fjöldi héraða.
	-17	18+	-17	18+	-17	18+	2022	2021			
Akstursíþróttir			110	1.102	98	132	1.442	1.141	26,4%	12	7
Badminton	4	1	1.248	1.672	918	955	4.798	4.755	0,9%	18	15
Blak	3		463	491	745	1.161	2.863	2.191	30,7%	44	21
Bogfimi		2	330	346	200	156	1.034	831	24,4%	8	8
Borðtennis			275	68	68	24	435	402	8,2%	8	6
Dans			485	310	1.042	419	2.256	1.815	24,3%	6	3
Fimleikar	6		5.196	158	9.385	671	15.416	14.264	8,1%	32	18
Frjálsíþróttir			1.402	315	1.377	480	3.574	3.635	-1,7%	50	19
Glíma			196	302	84	66	648	380	70,5%	59	23
Golf			2.415	14.802	994	7.788	25.999	23.149	12,3%	22	9
Handknattleikur	1		3.945	812	2.742	385	7.885	7.356	7,2%	42	21
Hestaíþróttir		7	1.309	4.566	2.423	4.165	12.470	12.151	2,6%	13	8
Hjólreiðar		1	322	732	59	430	1.544	1.531	0,8%	8	6
Hnefaleikar		1	247	323	50	83	704	710	-0,8%	3	2
Íshokí			351	140	182	68	741	667	11,1%	9	7
Íþróttir fatlaðra			123	331	87	273	814	680	19,7%	19	12
Júdó			321	220	156	44	741	843	-12,1%	13	8
Karate	1	1	747	89	310	62	1.210	1.021	18,5%	16	8
Keila			60	194	35	89	378	312	21,2%	6	3
Klifur	1	7	421	741	418	411	1.999	2.008	-0,4%	5	5
Knattspyrna	3	1	15.264	3.296	8.843	984	28.391	28.285	0,4%	107	24
Kraftlyftingar			65	660	23	439	1.187	1.102	7,7%	11	7
Körfuknattleikur		2	5.149	769	2.486	260	8.666	8.119	6,7%	47	20
Listskautar			53	4	691	81	829	677	22,5%	4	2
Lyftingar			86	587	38	427	1.138	1.204	-5,5%	11	6
Mótorhj.og snj.sl.íþr.			321	2.153	51	266	2.791	2.831	-1,4%	10	9
Siglingar			435	717	262	264	1.678	1.782	-5,8%	9	7
Skiðaiþróttir			664	140	680	171	1.655	1.454	13,8%	18	11
Skotíþróttir		4	53	5.770	24	347	6.198	5.614	10,4%	18	15
Skyllingar	1	1	136	465	21	172	796	757	5,2%	3	3
Sund			1.660	124	1.900	155	3.839	3.947	-2,7%	37	20
Taekwondo			700	82	281	55	1.118	1.498	-25,4%	15	9
Tennis		1	286	713	271	576	1.847	1.854	-0,4%	7	3
Þríþraut				153		172	325	241	34,9%	5	5
<b>Samtals</b>	<b>20</b>	<b>29</b>	<b>44.838</b>	<b>43.347</b>	<b>36.944</b>	<b>22.231</b>	<b>147.409</b>	<b>139.207</b>			

Skoða

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	-17	18+	-17	18+	-17	18+	2022	2021			
Aikido		1	45	127	19	63	255	204	25,0%	1	1
Almenningsíþróttir		1	1.990	985	1.519	1.217	5.712	4.164	37,2%	35	15
Bandý			58	63	15	36	172	183	-6,0%	2	2
Fisflug			1	323		20	344	299	15,1%	1	1
Frisbgolf			33	235	15	52	335	333	0,6%	1	1
Hafna- og mjúkbolti				13	1		14	73	-80,8%	1	1
Jiu jitsu			4	104	6	65	179	177	1,1%	1	1
Rattleikur			7	1	7	2	17	17	0,0%	1	1
Rugby		1		38		6	45	64	-29,7%	2	2
Sambo 80			31	11	7	4	53	-	0,0%	1	1
Skvass				70		5	75	75	0,0%	1	1
Svifflug			9	147	2	19	177	182	-2,7%	2	2
Wushu		1	18	173	15	158	365	392	-6,9%	1	1
	-	4	2.196	2.290	1.606	1.647	7.743	6.163			